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JUNE 2014

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Heal and Conceal

Fresh from a cosmetic treatment? Skip the cakey makeup and look great while your skin heals with just the right camouflage



Going back to work after a cosmetic procedure is always a dreadful experience. Not only do we need to face concerned questions from co-workers, such as 'What happened to your face?' or 'Does it hurt?', we also have to suffer curious glances from strangers.

When there isn't the option of staying home to give your skin time to recover, one would wonder: Is there a way we can camouflage post-treatment redness and inflammation without looking like a clown and hiding behind thick makeup? Dr Janice Khoo, General Practitioner at The Rafflesian Clinic & Surgery, Novena Medical Center, lets us in on the best cover-up to use after cosmetic procedures.

What types of cosmetic procedures do you normally offer at your clinic?

Dr Khoo: I normally do a lot of laser, chemical, acne treatments, as well as age spots and enlarged pores. I also do fillers and general smoothing of skin, like botulinum toxin. These are the common ones I do. Of course, I also do radio frequency treatment, which is helpful for tightening of saggy skin.

One of the things that concerns patients about cosmetic procedures is camouflaging and concealing the marks and redness that occur after the treatment. How do you normally resolve this?

Dr Khoo: Previously I used to apply a lot of Vitamin K for patients. If the redness is really bad, I use stronger soothing agents. But now, I just conceal it with Lycogel®. It is a revolutionary and unique technology that combines a breathable Triple Silica Gel Base with LYCO-Complex™, a carefully balanced set of bio-active agents that works synergistically to improve the skin. It helps get the redness off, and patients can walk out immediately after treatment, which they are really happy about. I like it because it has hyaluronic acid (HA), so it helps with deep hydration of the skin and, at the same time, enhances the metabolic process to aid skin healing and regeneration.

In terms of post-treatment care, is there any special regimen that your patients prefer?

Dr Khoo: They use a lot of sunblock and Vitamins. But now,



Dr Janice Khoo is a General Practitioner at The Rafflesian Clinic & Surgery, Novena Medical Center. For more information, visit www.drjanicekhoo.com.

I always recommend Lycogel to them for overall protection throughout the day. It contains sunscreen, so that their concerns of UVA and UVB sunray exposure are looked after, and in addition, it contains LYCO-Complex™ which aids in skin soothing and regeneration, promoting skin repair, moisturisation, and elasticity.

How does Lycogel differ from the normal foundation?

Dr Khoo: Breathability – that's what they like about Lycogel. They find that it is not sticky, and it is a good camouflage throughout the day. Lycogel also does not require re-application through the day. Many users find this option superior to the use of coversticks, which have an oily base and clog the pores.

Can Lycogel be used on a daily basis as part of a makeup regimen?

Dr Khoo: It can be used on top of everything you need for your skin, such as Vitamin C and E, and HA if you have dry skin. I also tell patients to use this to protect themselves from UVA and UVB rays, as it has an SPF factor. Additionally, it stays on longer compared to most creams and sunscreens. They can go to work in the morning without a need to reapply Lycogel through the day. It's also easy to wash off.