Today's brides can add a growing arsenal of high-tech solutions to all the traditional beauty and bodyshaping tools at their disposal to deal with everything from unwanted hair, to acne outbreaks and from unwanted bulges to pigmentation issues.

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BLEMISHES & SPOTS

Luckily these days there are more high-tech options to tackling zits and spots than squeezing and concealing. The latest weapon to join the war on zits is the TheraClear Advanced Acne Therapy Machine.

How does it work?

The TheraClear machine employs pneumatics and therapeutic broadband light to remove acne as well as deep-cleanse and normalise the skin. The handpiece is applied to the affected area and the pneumatics (a gentle suction system) extracts the build-up of sebaceous material causing the zit, while the concentrated therapeutic light destroys the acne bacteria and reduces sebum production. TheraClear is effective on mild to moderate inflammatory acne.

Benefits of TheraClear treatments

This treatment is quick, pain free and effective. It requires no pre-treatment gels or anaesthetics and as there is no downtime you can also return to your daily routine immediately after the treatment, allowing you to fit it in during a lunch break or after work before meeting your fiancé for dinner.

You can also expect visible results after just the first treatment including: reduction in redness surrounding lesions, drying out and flattening of lesions, reduction of oiliness of the skin and the reduction of the appearance of large open pores.

What the doctor says



Dr Janice Khoo, of The Rafflesian Clinic & Surgery at Novena Medical Center, shares with us what her patients think of TheraClear.

"Over all the majority of my patients who have tried

TheraClear have been happy with the results, so I would say patient satisfaction is high. Certainly most of them continue to come back for the maintenance treatments. Many of my female patients love the effect the deep pore cleansing has on their skin and have treatments just for that, long after any acne has cleared up and even on areas that were never affected by acne."

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